



**PROVIDER ALERT**  
**Skills Building/CBRS**  
**Prior Authorization Changes**

June 19, 2019

**What you need to know:** Skills Building/CBRS services will be prior authorized for six (6) months.

Beginning July 1, 2019 prior-authorizations for Skills Building/CBRS will cover a six (6) month timeframe, an increase from the current three (3) month authorizations.

Dear Provider:

In order to continue to evolve the Idaho Behavioral Health Plan, it is important that we work together to assess the utilization of services to help ensure members are receiving the services they need and when they need them.

After reviewing the introduction of new services and based on feedback from providers and members, we are pleased to inform you that effective July 1, 2019, we are extending the length of prior authorization for Skills Building/CBRS to six months which is an increase from the current three month authorizations.

The Skills Building/CBRS Service Request Form will be changed to include a recommendation for 308 units over 180 days. However, as always, providers should indicate the amount of units for a specific skills building modality or intervention that would be clinically appropriate for a member.

We hope this will improve the authorization process and allow additional time for clinician, paraprofessional, member and family engagement in developing and implementing the Skills Building/CBRS treatment plan.

Thank you for your continued support and feedback to ensure we are building an improved behavioral health care system.

If you have any questions, please contact the Clinical Team at 1-855-202-0983, Option "1".

Thank you,

The Optum Idaho Team